











MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>September 2</p> 	<p>Labor Day Special September 3</p> <p>Hot Dog with Sauerkraut 1/2 cup BBQ Butterbeans 1/2 cup Potato Salad Hot Dog Roll 1/2 cup Tropical Fruit</p> 	<p>September 4</p> <p>Rotisserie Chicken with Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Mixed Vegetables Whole Grain Biscuit 1/2 cup Sliced Peaches</p>	<p>September 5</p> <p>Turkey Chef Salad (1 slice Turkey, Cheddar Cheese, and 1 Hard Boiled Egg) 1 cup Tossed salad with Cucumber 1 cup Summer Corn Chowder with Crackers Whole Grain Dinner Roll 1/2 cup Pineapple</p> 	<p>September 6</p> <p>Roast Beef with Au Jus (3 ounces) 1/2 cup Roasted Redskins with Rosemary and Garlic 1/2 cup Green Beans Wheat Bread Fresh Banana</p>
<p>September 9</p> <p>Chicken Marsala 1/2 cup Bow Tie Noodles 1/2 cup Peas Wheat Bread 1/2 cup Mixed Fruit</p> 	<p>September Birthdays September 10</p> <p>Baked Meatloaf with Gravy 1/2 cup Baked Potato with Margarine 1/2 cup Wax Beans Wheat Bread Birthday Cake</p>	<p>September 11</p> <p>Baked Breaded Chicken Cutlet 1/2 cup Au Gratin Potatoes 1/2 cup Carrots White Bread 1/2 cup Fruited Gelatin</p> 	<p>September 12</p> <p>1/2 cup Seafood Salad over 1 cup Mixed Greens with Tomato and Hard Boiled Egg 1 cup Vegetable Soup with Crackers Whole Grain Dinner Roll 1/2 cup Cottage Cheese/Pineapples</p>	<p>September 13</p> <p>BBQ Ribette 1/2 cup Whipped Sweet Potatoes 1/2 cup Creamy Coleslaw White Bread 1/2 cup Sliced Pears</p> 
<p>September 16</p> <p>Roasted Sliced Turkey 1/2 cup Mashed Potatoes with Gravy 1/2 cup Carrots Wheat Bread Cookie</p>	<p>September 17</p> <p>Penne and Meatballs (4) 3/4 cup Pasta with Sauce and Parmesan 1 cup Tossed Salad with Tomato and Dressing Italian Bread 1/2 cup Peach Crisp</p> 	<p>September 18</p> <p>Honey Mustard Chicken Sandwich with Cheese 1/2 cup Parmesan Redskin Potatoes 1/2 cup Mixed Vegetables Sandwich Roll Cookie</p>	<p>September 19</p> <p>Santa Fe Salad 1 cup Mixed Greens with 3 ounces Diced Chicken, Cheddar Cheese, and 2 ounces Roasted Vegetables 1 cup Tortilla Soup with Tortilla Strips Dinner Roll 1/2 cup Pineapple Tidbits</p>	<p>September 20</p> <p>Breaded Pollock Filet 1/2 cup Vegetable Barley Pilaf 1/2 cup Carrots Wheat Bread Fresh Orange</p>
<p>September 23</p> <p>Roasted Pork Loin with Gravy 3 ounces Stuffing 1/2 cup Whipped Potatoes 1/2 cup Peas 1/2 cup Sliced Apples</p> 	<p>September 24</p> <p>Mild Buffalo Chicken Sandwich with Shredded Lettuce 1 cup Minestrone Soup with Crackers Sandwich Roll Fresh Cantaloupe</p>	<p>Breakfast for Lunch September 25</p> <p>Egg Omelet topped with Cheese 1 Sausage Patty 1/2 cup Breakfast Potatoes Whole Grain English Muffin with Jelly 4 ounces Orange Juice</p> 	<p>September 26</p> <p>Mandarin & Cranberry Chicken Salad (3 ounces Chicken, 1 tbs Cranberry) 1 cup Mixed Greens and Cucumber, with 1 ounce Bleu Cheese Crumble, and Balsamic Dressing 1/2 cup Three-Bean Salad Whole Grain Dinner Roll Cookie</p>	<p>September 27</p> <p>Open Face Meatloaf Sandwich 1/2 cup Mashed Potatoes with Gravy 1/2 cup Carrots Wheat Bread 1/2 cup Sherbet</p> 
<p>September 30</p> <p>Pineapple Glazed Ham 1/2 cup Whipped Sweet Potatoes 1/2 cup Green Beans Wheat Bread 1/2 cup Sliced Pears</p>	