

Pat Blevins	Sept 02	Betsy Mace	Sept 13
Timothy Keif	Sept 04	Carol Neal	Sept 14
Carole Tamberino	Sept 05	Rosie Horton	Sept 17
Mark Armor	Sept 05	Sandra Gifford	Sept 19
Carol Bitner	Sept 05	Freida Smith	Sept 19
Eleanor Brundick	Sept 05	Mary Fleming	Sept 20
Harry Jones	Sept 06	Marie Olszewski	Sept 20
Genie Lytle	Sept 07	Larry Storrer	Sept 23
Roxann Klemkowski	Sept 08	Diane DeVoe	Sept 24
Ronald Boyer	Sept 09	Jacquelyn MacDonald	Sept 25
Wanda Gunkel	Sept 09	Jane Thomas	Sept 27
Sheri Schultz	Sept 10	Pat Martini	Sept 29
Curtis Houghton	Sept 11	Hilda Miller	Sept 29
Barbara Getz	Sept 12	Leslie Kurz	Sept 30
Virginia Cross	Sept 12		



Anna Brooks & Richard Sharrock Sept 09
Denise & Ron Hersey Sept 01



**GET WELL WISHES**: Janet Ziegler, Deb Winemiller, Abby Rodgers, Carol Rumer, Dina Bull, Ruth Runkle

## Falls Prevention Awareness Week September 23-27, 2024

Most falls are preventable. Start with these six easy steps to help reduce your risk:

- 1. Find a balance or exercise program
- 2. Talk to your doctor
- 3. Review medications
- 4. Get your vision and hearing checked yearly
- 5. Keep your home safe
- 6. Talk to your family
- 7. The Senior Center will have a Falls Prevention Class on September 19 and 26, 10:00—11:30 each day with more information. Please sign up