February

York County

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Creamy Parmesan Pork Chop	Chicken Bruschetta	1 Baked Crab Cake	1 Lasagna w/ 2oz Meat Sauce	1 Pizza Burger
(3oz Pork, 2oz Sauce)	(3oz Chix, 2oz Tomato, .5oz Cheese	1c Tomato Basil Bisque	1c Tossed Salad w/ Tomato	(1oz Sauce,5oz Mozzarella)
1/2c Cubed Potatoes	1/2c Pesto Pasta	1/2c California Blend Vegetables	1/2c Green Beans	1/2c Buttered Noodles
1/2c Spinach	1/2c Capri Blend Vegetables	White Bread	1 Garlic Breadstick	1/2c Carrots
ວັ 1 Wheat Bread	1 Dinner Roll	1/2c Cinnamon Apple Slices	Fresh Fruit	Hamburger Bun
Cookie	Fresh Fruit			1/2c Fruit Crisp
10	11	12	13	Happy Valentine's Day! 14
1c Chicken & Dumplings	1 Stadium Hot Dog	Pasta & Meatballs (4)	3oz Salisbury Steak w/ 2oz Gravy	3oz Chicken Rosa
1/2c Peas & Carrots	1/2c Cheesy Potatoes	3/4c Pasta w/ Marinara	Baked Potato w/ Margarine	Baked Potato w/Sour Cream
Whole Grain Buttermilk Biscuit	1 Hot Dog Roll	1c Tossed Salad w/ Tomato	1/2c Green Beans	1/2c Peas & Onions
Fresh Orange	1/2c Pineapple & Mandarin Oranges	1 Garlic Breadstick	1 Wheat Bread	Dinner Roll
rieshordinge	1/20 Threappie & Manaarin Oranges	Seasonal Fresh Fruit	1/2c Gelatin	Apple Pie
		Scusonarreshrran		Apple Lie
Presidents Day! 17	18	19	20	21
3oz Honey BBQ Chicken Breast	Swedish Meatballs (4) w/ Gravy	1c Chili	1 Baked Cod	Taco Salad
1/2c Brown Rice	1/2c Buttered Noodles	1/2oz Cheddar Cheese	1/2c Macaroni & Cheese	(3oz Taco Meat, .5oz Cheddar,
1/2c Carrots	1/2c Peas	1c Tossed Salad w/ Tomato	1/2c Stewed Tomatoes	Lettuce, Tomato, Salsa)
Wheat Bread	1 Dinner Roll	Cornbread	1 Wheat Bread	Tortilla Chips
Seasonal Fresh Fruit	1/2c Blushed Pears	1/2c Applesauce	Seasonal Fresh Fruit	1c Tortilla Soup
	N DECEMBER OF			1/2c Pineapple
24		26	27	27
4oz Sloppy Joe	3oz Chicken Breast w/ 2oz Gravy	Turkey Chef Salad	BAGGED LUNCH-	3oz Chicken Alfredo (2oz Sauce)
1/2c Roasted Sweet Potatoes	1/2c Whipped Potatoes	, (2oz Turkey, Egg, Cheddar, over	Italian Sandwich	1/2c Noodles
1/2c Green Beans	1/2c Corn	1c Mixed Greens w/ Tomato)	(ham,salami,provolone on	1/2c Mixed Vegetables
1 Hamburger Bun	1 Biscuit	1c Vegetable Soup	wheat	1 Garlic Breadstick
Fresh Fruit	1/2c Peaches	1 Dinner Roll	Coleslaw, Pasta Salad, Fresh	1/2c. Warm Apple Cranberry Crisp
		1/2c Gelatin	Fruit, Milk	NEW
				JIEM
			*menu subject to change based on availability	Nutrition Group