

March 2026



Mon	Tue	Wed	Thur	Fri
2 Music Monday 9:00 Cardio-Drumming @ HARP 10:00 Bingo	3 8:00 Senior Friendly Aerobics @ HARP 10:00 Light House Physical Therapy 10:00 Chair Yoga	4 9:00 Cardio Drumming @HARP 10:00 Movin' With Maryanna	5 8:00 Senior Friendly Aerobics @ HARP 10:00 Art Club 12:15 Needle Felting Class	6 10:00 Paper & Essentials Bingo 10:00 ChairYoga 5:00 Bingo@Harp *Last day to order Easter Candy
9 Music Monday 9:00 Cardio-Drumming @ HARP 10:00 Murder Mystery @ Shady Pines Play	10 8:00 Senior Friendly Aerobics @ HARP 9:30-11:00 Tuesday Health Series- How Diabetes Effects your Body 10:00 Chair Yoga	11 9:00 Cardio Drumming @HARP 10:00 Brain Games with Ginnie Kite 12:15 Book Club	12 8:00 Senior Friendly Aerobics @ HARP 10:00 Art Club 10:00 Scattergories Games	13 10:00 Paper& EssentialsBingo 10:00 Chair Yoga
16 Music Monday 9:00 Cardio-Drumming @ HARP 10:00 Bingo	17 WEAR GREEN 8:00 Senior Friendly Aerobics @ HARP 10:00 St. Patrick's Day Trivia Game 10:00 Chair Yoga	18 9:00 Cardio Drumming @HARP 10:00 Movin' With Maryanna- Irish Potato Relay	19 8:00 Senior Friendly Aerobics @ HARP 10:00 Art Club 12:15 Needle Felting Class 12:30 ACT & FUND MTG	20 10:00 Derek Reed Sings! 10:00 Chair Yoga
23 Music Monday 9:00 Cardio-Drumming @ HARP 10:00 Bingo	24 8:00 Senior Friendly Aerobics @ HARP 9:30-11:00 Tuesday Health Series- Diabetes, Stress and Support 10:00 Chair Yoga	25 9:00 Cardio Drumming @HARP 10:00 Movin' With Maryanna 12:15 Book Club *Easter Candy Distribution	26 8:00 Senior Friendly Aerobics @ HARP 10:00 Art Club *Easter Candy Distribution	27 10:00 Crafts 10:00 Chair Yoga 12:00 VSO
30 Music Monday 9:00 Cardio-Drumming @ HARP 10:00 Bingo	31 8:00 Senior Friendly Aerobics @ HARP 9:30-11:00 Tuesday Health Series- Health Screenings 10:00 Chair Yoga			

ACTIVITIES, SPECIAL EVENTS, AND MENU SUBJECT TO CHANGE WITHOUT NOTICE. THANK YOU!