

“September 2023 Happenings”

September 4: The Center will be closed today for Labor Day.

September 6: We will have a Caricature Artist coming in today to do caricatures.
\$3.00 for a black & white, \$5.00 for a color pic



September 8: Kiara from Aetna will be here for our Paper & Cleansing Bingo. Join us and win special prizes.

September 11: We will have a “special bingo” today, come out a play bingo today, you might be surprised what the prizes will be.

September 12 and 26: we will have a nurse come in to check blood pressure/pulse check

September 12: Pat Egger will be here to discuss Medicare and will answer questions.

September 13: Today we will be entertained by RHONDA LEE, she sings 50’s music.
Today is Karen’s Craft day, please sign up.

September 14: Shaws Produce will be at the center for our POP-UP Fruit and Vegetable Market from 12:00—1:00pm. \$5.00 Coupons will be available.



September 18: Gourd Painting today, Bobbi Love from Benjamin’s Landing will guide us.



September 20: Kelly from Senior Commons will be here to talk Sr Living and Levels of Care
We will have our “End of Summer” picnic today.

September 21: BREAKFAST IS BACK! 7:00—9:00, HOPE TO SEE YOU! Bring a Friend!
Jane, the art teacher will be having a workshop today. Come and find out your hidden talent! Sign up as space is limited.

September 27 & 28: the Diamond Art ladies will be teaching folks how to do Diamond Art.
Come out and join them. Sign up as space is limited.



Upcoming trips:

December 14, 2023 - American Music Theater "Christmas Show"
Sign up today. Contact Barb Spurlock for information.

**Let's Wish all our September
Birthday people a Very**



Mark Armor
James Beddows
Carol Bitner
Pat Blevins
Ronald Boyer
Eleanor Brundick
Virginia Cross
Diane DeVoe
Mary Fleming

Barbara Getz
Sandra Gifford
Wanda Gunkel
Rosie Horton
Curtis Houghton
Harry Jones
Timothy Keif
Roxann Klemkowski
Leslie Kurz

Genie Lytle
Jacquelyn MacDonald
Betsy Mace
Pat Martini
Kathleen McInerney
Hilda Miller
Carol Neal
Marie Olszewski
Sheri Schultz

Freida Smith
Larry Storrer
Carole Tamberino
Jane Thomas



Anna Brooks & Richard Sharrock
Denise & Ron Hersey

Sept 09
Sept 01



GET WELL WISHES: Janet Ziegler, Rosie Horton, Bob McCleary
Helen Clapp, Deb Winemiller, Dot Hostler, Ruth Runkle. Ron Deitz



John Barton passed on August 25. 2023

Falls Prevention Awareness Week September 18-22, 2023

Most falls are preventable. Start with these six easy steps to help reduce your risk:

1. Find a balance or exercise program
2. Talk to your doctor
3. Review medications
4. Get your vision and hearing checked yearly
5. Keep your home safe
6. Talk to your family